

## Mask



## Wearing mask

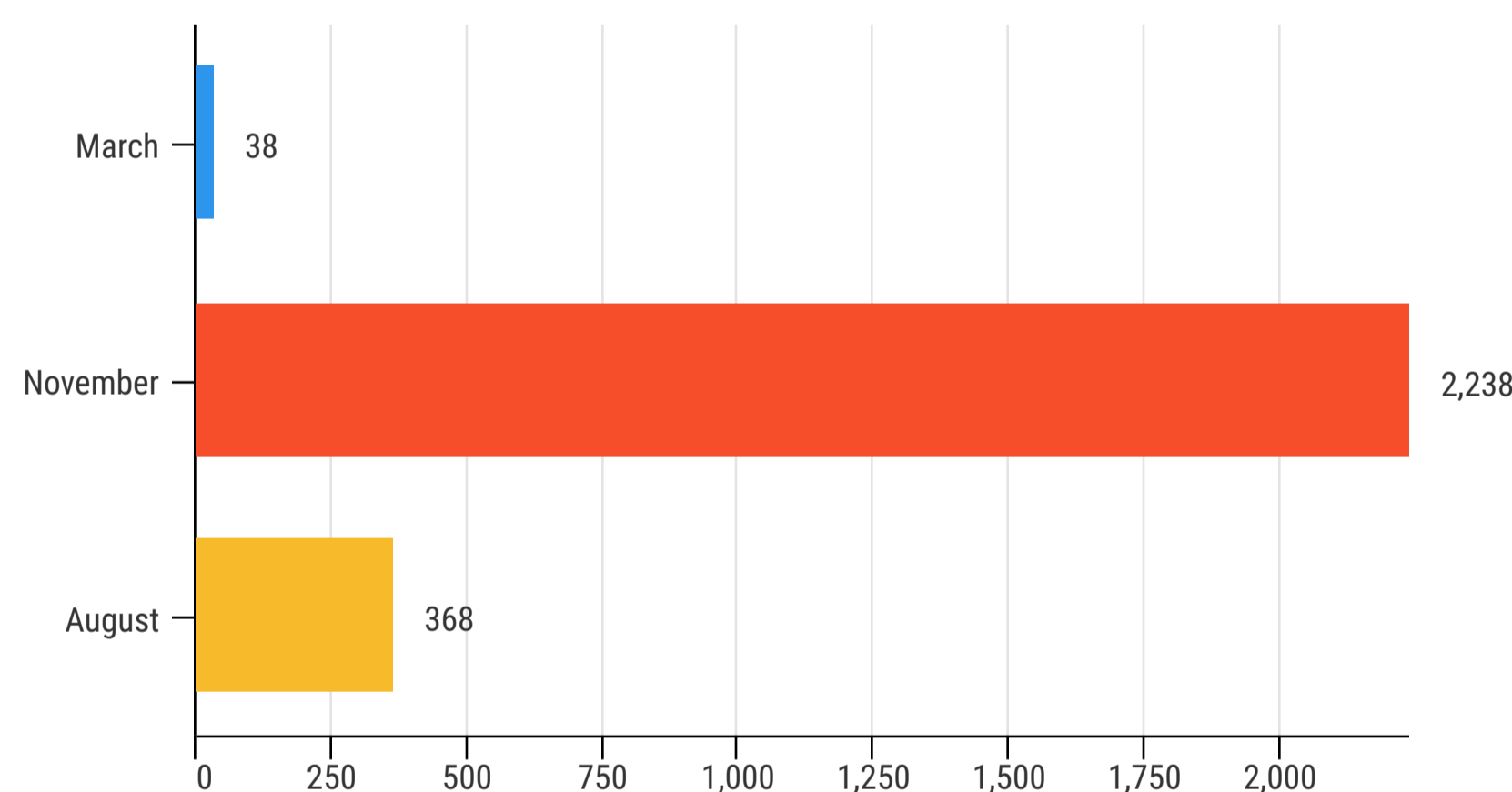
Masks can prevent many infections altogether, as was seen in health care workers when we moved to universal masking. We're also saying that masks, which filter out a majority of viral particles, can lead to a less severe infection if you do get one," said Gandhi. "If you get infected, but have no symptoms – that's the best way you can ever get a virus



## Not wearing mask

Not wearing a mask can cause many problems by spreading and getting COVID from others. Having a face covering helps to keep bodily fluids to ones self. It is kinda like two men using the restroom not washing their hands and then shaking hands later it would just be like putting their hands in each others pants.

## My Chart



Researchers have studied dose dependency experimentally with other viral infections, like the flu. In a study with healthy volunteers, those who received a higher dose of the influenza A virus developed more severe symptoms.

Because the new coronavirus, SARS-CoV-2, is potentially lethal, experiments on masking and disease severity have been necessarily limited to animals. In a hamster study, a surgical mask partition between the cages of infected and uninfected hamsters significantly cut COVID-19 transmission. Fewer hamsters caught the virus and those that did showed milder symptoms.

To learn more about mask please visit:

<https://www.ucsf.edu/news/2020/07/418181/one-more-reason-wear-mask-youll-get-less-sick-covid-19>

<https://www.lung.org/blog/covid-masks>

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