



# Introduction to HPESS 1013-001



# MISSION STATEMENT



As FYE HPESS majors **We Believe** in utilizing physical activity to better educate and assist people to live healthier lifestyles.

# Max Bell

**Major:** Exercise Science

**Intended profession:** Pathology

**Fun Fact:** I've gotten a hole-in-one

**What does being a Hpress major mean to you:** I want to apply my knowledge that I will learn as being a HPESS major, to the field of Pathology by bringing a new perspective and application to the science of Pathology.



# Sydney Koehler

**Major:** Exercise Science

**Intended Profession:** Physical Therapist

**Fun Fact:** Queso is my favorite food

**What does being a HPESS student mean to you:**

Educating and assisting others to reach their goals, physically and mentally- as well as living healthier overall lives.



# Anna Kearbey

**Major:** Exercise Science

**Intended Profession:** Occupational Therapist

**Fun Fact:** Skiing is my favorite hobby.

**What does being a HPESS major mean to you:**  
Being able to rehabilitate people and help get them back to living their normal lives.



# Ruthie Quintero

**Major:** Exercise Science

**Intended Profession:** Physical Therapy

**Fun Fact:** I love longboarding

**What does being a HPESS major mean to you:** I believe in teaching others how to live a healthy lifestyle and becoming confident in who they are.



# Hayden Chipman

**Major:** Exercise Science

**Intended profession:** Cardiac Rehabilitation or Physical Therapy

**Fun Fact:** I am left handed

**What does being a Hpress major mean to you:** To me, it means that I could possibly help someone live longer just based on the knowledge that I am learning.



# Savannah Boulicault

**Major:** Exercise Science

**Intended Profession:** Athletic Training

**Fun Fact:** I broke my leg in 6th grade

**What does a HPESS Major mean to me:** It means being able to help people heal from an injury or help people understand how to live their life to the fullest through physical activity.





# Lexi Hall

**Major:** Exercise Science

**Intended profession:** Physical Therapist

**Fun Fact:** I love going to concerts

**What does being a Hpress major mean to you:** Educating people on how to live a healthier lifestyle and assisting them in reaching their physical goals.



# Meagan Tolleson

**Major:** Health Promotion

**Intended profession:** Health Services  
Manager

**Fun Fact:** I like to Box

**What does being a Hpress major mean to you:**  
I believe HPESS Major is to educate and help  
others to fulfill their goals of being their better  
selves.



# Tyler Guthrie

**Major:** Physical Education

**Intended profession:** Baseball/Golf Coach & Teacher

**Fun Fact:** I love making new friends!

**What does being a Hpress major mean to you:** I believe being a HPESS Major means to me being able to provide the same fun and positive environment that I had when I played sports in high school. Also, I want to create opportunities for success for my athletes.



# Seth Copeland

**Major:** Exercise Science

**Intended Profession:** Physical Therapy

**Fun Fact:** I Scuba Dive

**What being a HPESS major means to me:**  
it means using my knowledge to help others achieve a lifestyle of making healthy choices to better themselves



# Faith Ventura

**Major:** Exercise Science

**Intended Profession:** Athletic Trainer

**Fun Fact:** I lived in Germany for 4 years.

**What being a HPESS major means to me:** Educating people and helping them be the healthiest they can be.



# Ayami Takada

**Major:** Exercise Science

**Intended profession:** Athletic Trainer

**Fun Fact:** I am from Tokyo, Japan, but I do not like Sushi.

**What does being a Hpes major mean to you:** It means being able to learn crucial studies for my future goal, and knowledge which I learned in HPESS program is helpful for people to maintain healthy body condition.



# Claire McCord

**Major:** Exercise Science

**Intended Profession:** Physical Therapy

**Fun Fact:** I'm on the Red Wolves Dance Team

**What does being a Hpress major mean to you:** I believe that being educated about personal health and fitness is key to a positive lifestyle.



# Jalen Farmer

**Major:** Sports Management

**Intended profession:** Sports Marketing

**Fun Fact:** I play Rugby

**What does being a Hpress major mean to you:** I believe it means being help promote healthy lifestyles through business and marketing.





# Colby Stallings

**Major:** Exercise Science

**Intended Profession:** Physical Therapy

**Fun Fact:** I ran and won a marathon when I was 16.

**What does being a Hpress major mean to you:** To be able to apply the knowledge I learn to help others achieve their goals and encourage a good experience in sports.



# Jacob Pruss

**Major:** Exercise Science

**Intended profession:** : Physical Therapy

**Fun Fact:** I played football and basketball in high school

**What does being a Hpress major mean to you:** To spread the importance of exercise and encourage others to maintain a healthy lifestyle.



# Makenzie McMellon

**Major:** Exercise Science

**Intended profession:** Physical Therapist

**Fun Fact:** I love listening to music!

**What does being a Hpress major mean to you:** To help others understand the importance of leading a healthy lifestyle.



# Trevor Luyet

**Major:** Exercise Science

**Intended profession:** Athletic Training

**Fun Fact:** Playing Paintball is one of my favorite hobbies

**What does being a Hpress major mean to you:** Being able to use the knowledge I have gained to help athletes be the best version of themselves and keep them healthy



# Nejla Zukic

**Major:** Exercise Science

**Intended profession:** Athletic trainer

**Fun Fact:** My parents came here from Bosnia in 2000.

**What does being a Hpress major mean to you:** Being able to help athletes reach their athletic goals by keeping their bodies healthy.



# Lindsey Pettit

**Major:** Exercise Science

**Intended Profession:** Physical Therapist

**Fun Fact:** I've lived in Jonesboro my whole life

**What does being a HPESS major mean to you?** Gaining the knowledge to give back to my community by helping people get back on their feet and be healthy





# WE ARE RED WOLVES

