

Winter Weather & Cold Stress

- Safety & Emergency Management

Topics:

- *Precautions for Working in the Cold
- *Identify Types of Cold Stress
- *Protecting Yourself & Your Co-Workers

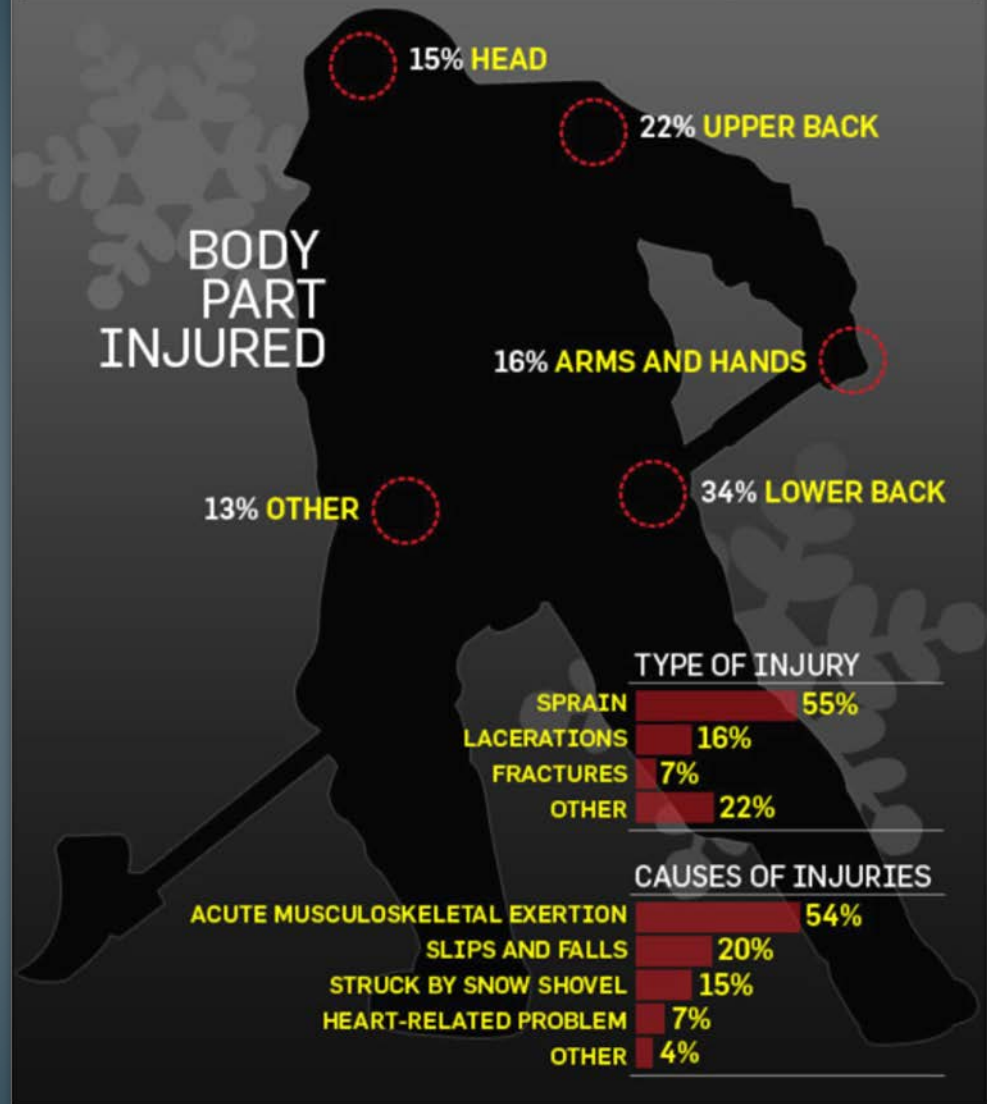
“Nothing burns like the cold. But only for a while. Then it gets inside you and starts to fill you up, and after a while you don't have the strength to fight it.”

— *George R.R. Martin, A Game of Thrones*

Snow Shovel Injuries

Precautions:

- Shovel Properly
- Avoid Slips
- Take Breaks
- Watch Out Below





COLD HIVES



TRENCH FOOT



FROSTBITE



HYPOTHERMIA

Types of Cold Stress
From bad to worst...

Avoiding Cold Stress with PPE:

Consider Conditions
Layer Up
Keep Blood Pumping
Stay Dry





2017 Winter Outlook

Warmer than usual, leads to the unusual...

Resources:

Cold Stress Info - OSHA Web site

www.osha.gov – Search “Winter Weather”

Cold Hives Info Mayo Clinic Web site

www.mayoclinic.org – Search “Cold Hives”

National Weather Service

www.noaa.gov – Search “Climate Prediction Center”

Instructor Contact:

Jon Carvell - 680-4705 or jcarvell@astate.edu