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| **Arkansas State University - Jonesboro** | | | | | | | | |
| **Bachelor of** | | | | | | | | |
| **Major:  Health Promotion** | | | | | | | | |
| **2016-2017** | | | | | | | | |
|  | | | | | | | | |
| Students requiring developmental course work based on low entrance exam scores (ACT, SAT, ASSET, COMPASS) may not be able to complete this program of study in eight (8) semesters.  Developmental courses do not count toward total degree hours.  **Students having completed college level courses prior to enrollment will be assisted by their advisor in making appropriate substitutions.   In most cases, general education courses may be interchanged between semesters.**    A minimum of 45 hours of upper division credit (3000-4000 level) is required for this degree.  Mandatory state and institutional assessment exams will be required during your degree program.  ***Failure to participate in required assessments may delay graduation.*** | | | | | | | | |
| **Year 1** | | | |  | **Year 1** | | | |
| **Fall Semester** | | | |  | **Spring Semester** | | | |
| **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |  | **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |
| **HPES 1013** | Intro to HPESS | **3** | X |  | CIT 1503 | Microcomputer Applications | **3** |  |
| **COMS 1203** | Oral Communications | **3** | X |  | ENG 1013 | Comp II | **3** | X |
| **BIOL 1003 or 1033 or 1043 or 1063 or 2013** | Biological Science or Biology or Sex or Plants and People and the Environment or Cell Biology | **3** | X |  | MATH 1023 | College Algebra | **3** | X |
| **BIOL 1001 or 1031 or 1041 or 1061 or 2011** | Lab for above | **1** | X |  | HIST 2763 or 2773 or POSC 2103 | US to 1876 or Since 1876 or Intro to US Govt. | **3** | X |
| **ENG 1003** | Composition I | **3** | X |  | ART or MUS or THEA 2503 | Fine Arts Visual or Music or Theatre | **3** | X |
| **ANTH 2233 or ECON 2313 OR 2333 or GEOG 2613 or HIST 1013 or 1023 or CMAC 1003 or POSC 2103 or PSY 2013 or SOC 2213** | Cultural Anthropology or principles of Macroeconomics or Economic Issues & Concepts or Intro to Geography or World Civilization to or Since 1660 or Mass Communication or Intro to Politics or Intro to Psychology or Intro to Sociology | **3** | X |  |  |  |  |  |
| **Total Hours** |  | **16** |  |  | **Total Hours** |  | **15** |  |
| **Year 2** | | | |  | **Year 2** | | | |
| **Fall Semester** | | | |  | **Spring Semester** | | | |
| **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |  | **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |
| **HLTH 2523** | First Aid & Safety | **3** |  |  | **BIO 2223/2221** | A & P II | **4** |  |
| **ENG 2003 or 2013 or PHIL 1103** | Intro to Literature I or II or Intro to Philosophy | **3** | X |  | **HP 2013** | Medical Terminology | **3** |  |
| **PE 1002** | Concepts of Fitness | **2** |  |  | **CHEM 1013 or PHSC 1203 or GEOL 1003 or PHYS 1003 or PHYS 2034 or PHYS 2054** | General Chemistry I or Fund. Concepts or Environmental Geology or Energy and the Environment or Intro to Space or Physical Science or University Physics I or General Physics | **3** | X |
| **HLTH 2513** | Principles of Personal Health | **3** |  |  | **CHEM 1011 or 1041 or GEOL 1001 or PHYS 1014 or 1101 or 1201 or 2034 or 2054** | Lab for above | **1** | X |
| **BIO 2201/2203** | Anatomy and Physiology I and Lab | **4** |  |  | **ANTH 2233 or ECON 2313 or 2333 or GEOG 2613 or HIST 1013 or 1023 or CMAC 1003 or POSC 2103 or PSY 2013 or SOC 2213** | Cultural Anthropology or principles of Macroeconomics or Economic Issues & Concepts or Intro to Geography or World Civilization to or Since 1660 or Mass Communication or Intro to Politics or Intro to Psychology or Intro to Sociology (select one not previously taken | **3** | X |
|  |  |  |  |  |  |  |  |  |
| **Total Hours** |  | **15** |  |  | **Total Hours** |  | **14** |  |
| **Year 3** | | | |  | **Year 3** | | | |
| **Fall Semester** | | | |  | **Spring Semester** | | | |
| **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |  | **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |
| **ES 3653** | Tech of Aerobic | **3** |  |  | **HLTH 3533** | Strategies in Health | **3** |  |
| **ES 3553** | Basic Physiology | **3** |  |  | **ES 4693** | Tech of Strength Training and conditioning | **3** |  |
| **ES 3543** | Human Anatomy | **3** |  |  | **ES 3623** | Tech of Physiological Fitness Assessment | **3** |  |
| **GCOM 3673** | Desktop Publishing | **3** |  |  | **HLTH 3563** | Human Sexuality | **3** |  |
| **NRS 3353 or SOC 4353** | Aging | **3** |  |  | **NS 2203** | Basic Human Nutrition | **3** |  |
|  |  |  |  |  |  |  |  |  |
| **Total Hours** |  | **15** |  |  | **Total Hours** |  | **15** |  |
|  |  |  |  |  |  |  |  |  |
| **Year 4** | | | |  | **Year 4** | | | |
| **Fall Semester** | | | |  | **Spring Semester** | | | |
| **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |  | **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |
| **HLTH 4633** | HP Assessment and Planning | **3** |  |  | **HPES 4896** | Internship | **6** |  |
| **HLTH 4523** | Current Issues | **3** |  |  | **HLTH 4643** | HP Implementation and Evaluation | **3** |  |
| **HLTH 3523** | Public and Community Health | **3** |  |  | **HLTH 4513** | Consumer Health | **3** |  |
| **HLTH 4543** | Drug Use and Abuse | **3** |  |  | **ELECTIVES** | Select any | **3** |  |
| **ELECTIVES** | Select any | **3** |  |  |  |  |  |  |
| **Total Hours** |  | **15** |  |  | **Total Hours** |  | **15** |  |
|  |  |  |  |  |  |  |  |  |
| **Total Jr/Sr Hours** | | **45** |  |  | **Total Degree Hours** | | **120** |  |
|  |  |  |  |  |  |  |  |  |

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Graduation Requirements:** |  |  |  |  |  |  |  |
|  | | | | | | |  |
| 2.00 GPA at ASU | | |  |  |  |  |  |
| 2.00 GPA Overall | | |  |  |  |  |  |
| Maximum of 31 credit hours via correspondence, extension, examination, PLA, Military or similar means; CLEP (30 hrs max) | | | | | | | |
| 45 JR/SR Hours ***after completing 30 hours*** | | | | | | |  |
| 120 Total Credit Hours | | |  |  |  |  |  |
| 18 of last 24 hours must be ASU-Jonesboro courses | | | | | |  |  |
| Minimum of 57 hours from 4-year institutions | | |  |  |  |  |  |
| 32 Resident Hours if completing second degree and first degree was not from ASU-J | | | | | |  |  |
| **Course/Grade Requirements** | | | | | |  |  |
| C or better in major courses | | | | | |  |  |
|  |  |